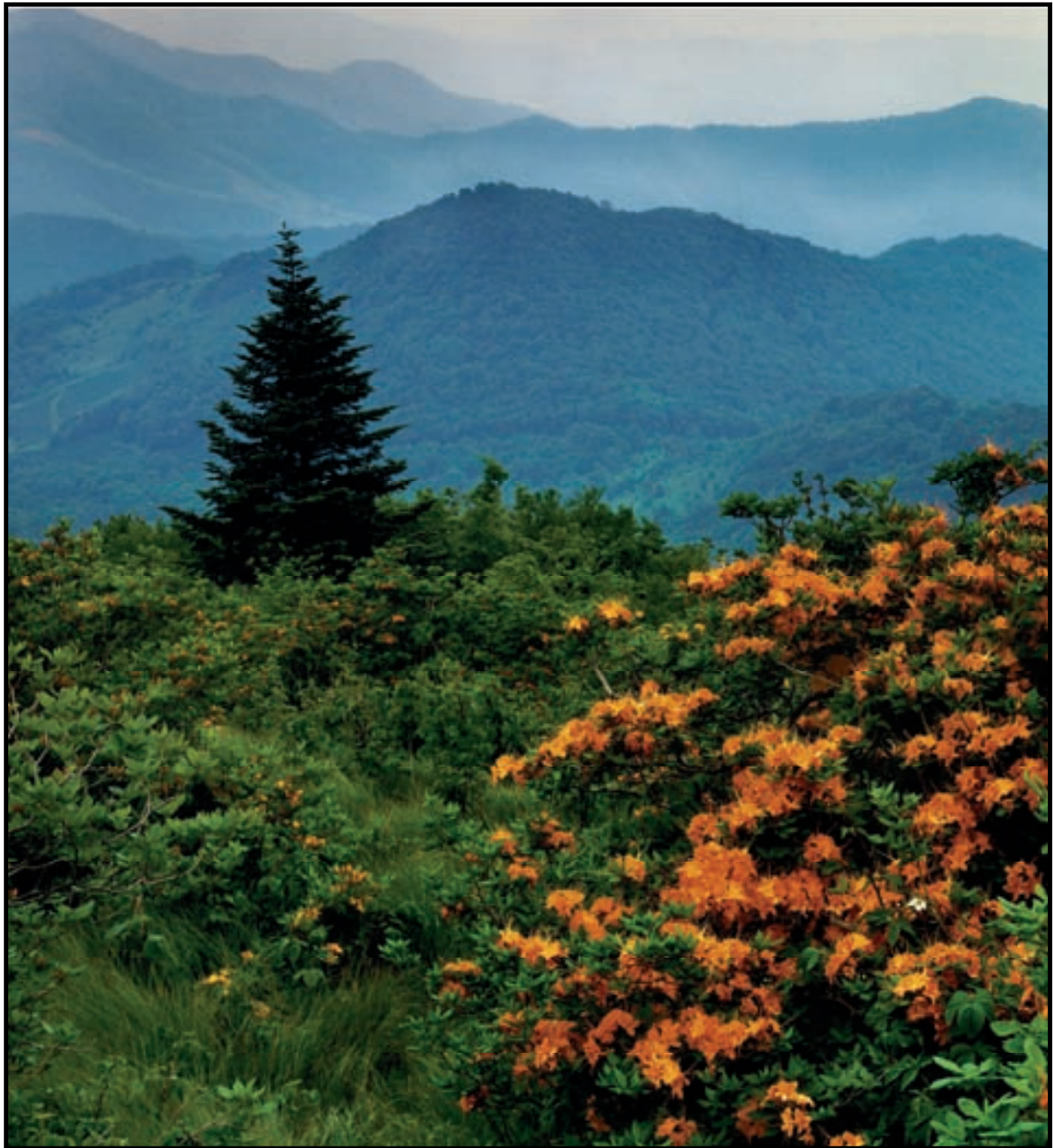


The Cove

Winter 2012



Clubhouse Highlights
Membership
Sports Complex

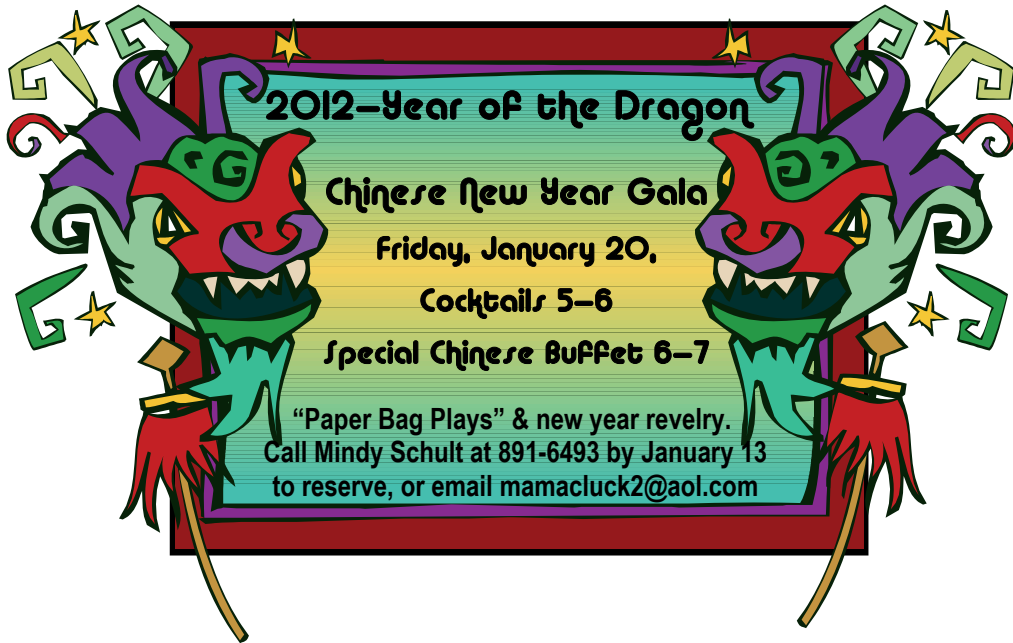
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A publication of the Cummings Cove Golf & Country Club Community

Clubhouse Highlights



Leap Year Dance~ February 29
Cocktails begin at 5 followed by members' delightful dishes. Sign up to bring entrée, side dish or dessert. Jack McConnell will be D.J. for the evening. Wear your dancing shoes and leap into an evening of fun. Call Mindy Schult at 891-6493 by February 21 for reservation, or email mamacluck2@aol.com

ANTIQUES ROADSHOW

March 21 ~ Cocktails at 5
Heavy Hors d'oeuvres by Members

Cummings Cove's version of the popular TV show comes to the clubhouse where local antique dealers will estimate value of up to three items per member for \$5 per item with proceeds donated to the local Food Bank. It will be an interesting night whether you have antiques or just want to learn, have fun and help a good cause.



There will be a sign-up sheet for hors d'oeuvres to be provided by each attendee. Please call Mindy Schult at 891-6493 by March 11 for reservation, or email mamacluck2@aol.com

All events at the clubhouse must have a minimum of 40 members in order to hold an event. Updated event information will be sent by enewsletter. Sign up early for these special events and check your email for updates.

2012 Social Events

Save the dates below. More news will follow in "The Cove" and by e-newsletter

- April 22**
Earth Day Celebration at Social Center
- May 5**
Kentucky Derby Party
- June 8**
Gourmet Wine Dinner
- June 19**
Margaritaville Pool Party
- July 4**
Independence Day Celebration
- August 10**
Murder Mystery Dinner
- September 29**
Casino Night
- October 23**
U. N. Day—International Food Celebration
- November 9**
Gourmet Wine Dinner
- December 2**
Christmas Caroling
- December 15**
Holiday Dinner Dance

Restaurant Winter Break

The Lake Ridge Restaurant and Golf House Grill are closed during January, February and March except for special events which may be arranged for groups of 40 or more according to specific criteria. Call Garry Sherrill for more details at 828-233-1502.

During the winter months, the Golf Shop will provide sandwiches, chips, snacks, sodas, sport drinks and beer. The restaurant will reopen April 1, 2012.

Cover Photo
Blue Ridge Mountain view with flame azalea near Blue Ridge Parkway.

Membership

League Opening Dates

April 9

Men's 18-Hole League

April 10

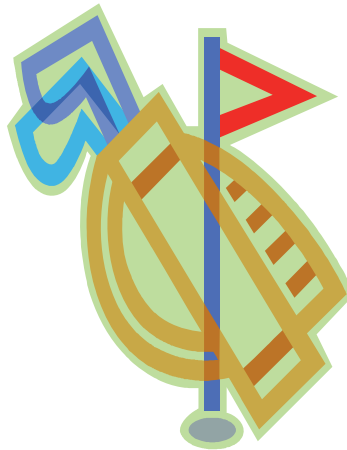
Women's 18-Hole League

April 11

Women's 9-Hole League

April 12

Men's 9-Hole League



Golf League Season Opens

Week of April 9, 2012

Opening Event—Tuesday, April 24

Member-Guest Tournament June 14-16

Start contacting friends and family to save the dates. Complete Season Schedule will be available April 1 in "The Cove."

If you have any questions about the 2012 golf season, please contact Bob Stover at 828-890-3267 or Nancy Engstrom at 828-890-3007.

Although the official start of the golf season is in April, our gentle four season climate permits golf most of the year. Weather permitting, the leagues play throughout the year. Tee times are subject to change due to weather. The golf shop is open year round except for Christmas and New Year's Day. New Players are welcome to join any of the leagues. League Leaders are:

Women's 18-Hole League Leader
Pat Robinson

Women's 9-Hole League Leader
Caryl Mobley

Men's 18-Hole League Leaders
Jeff Christianson & Don Hickey

Men's 9-Hole League Leaders
John McCormick & Bud Weeks

Interclub Events
Gary Smith

Women's 9-Hole League

The league welcomes all female golf members, both those who have played in the league and newcomers. The women play Monday and Wednesday mornings at 9 a.m. (10 a.m. in winter). Annual dues are \$15, due by opening day. For more information, please call—Caryl Mobley at 828-891-9709 or email her at cmobley09@gmail.com

Special Thanks

Men's 9-Hole Golf League

☺ For the holiday luncheon they prepared for the golf course maintenance crew and for their additional special contributions including the toy drive donation.

Residents and Members

☺ For donations to the employees' holiday fund.

Residents, Members and Staff

☺ For the Christmas Angels and holiday toy drive donations.

☺ For all who helped with the holiday decorations and festivities.

☺ For all who help every day in every way to make this a wonderful place to be.



Holiday Carolers pictured above right: Bud and Donna Sheline, Susie Lowmiller and David Potter (top photo); Susan Maybin, Carlyn Elliott and Sigrun Mapes (middle photo), Peggy Brown, Julie Christianson, Susie Lowmiller and Carolyn Taylor (bottom photo). Holiday Dinner Dance photos below: Jill Robbins, Barbara Brinkman, Bina Brock, Beth Fagan and Patty Small Kenny (below left); Ray and Dorothy Spall, John and Linda Stocker, David and Bertie Woods (below right)



Sports Complex



Tim Dixon
Sports Facilities Director

Getting Fit

New Year's resolutions frequently include the desire to lose weight. We have two tools available to fight this battle: diet and exercise. Many people opt for what they perceive as the easier route by dieting alone. Statistics show that only 5% of people who diet are able to maintain weight loss in the long run. The statistics for achieving weight loss through exercise alone are not any better. The National Weight Control Registry keeps track of people who have lost weight and maintained their reductions for at least one year. Of these people, 1% are able to do it with exercise alone, 9% are able to maintain with diet alone and 90% use exercise and diet to maintain weight loss. That's right! Nine out of ten people who lose weight and keep it off for one year use exercise and diet in combination.

Of course, increasing exercise while reducing calories can be difficult. Setting a goal of losing 1 or 2 pounds per week is realistic while more aggressive goals often lead to failure. Also, keep exercise goals realistic by starting with 15 to 20 minutes and working up to 30 to 45 minutes. Aerobic exercise is the best way to burn calories. The Sports Center offers treadmills, bicycles, ellipticals and a rowing machine that are available 24/7 in a climate controlled environment. Sports Facilities Director Tim Dixon will give you a free equipment orientation to get you started. There are also televisions and the best mountain view of any fitness center in WNC!

Winter Classes & Activities

During the winter months, NIA classes will continue on Tuesdays at 9 a.m. Tai Chi classes meet Thursdays at 3 p.m. Cost for NIA is \$8 per class. Tai Chi is \$10 per class, or you can purchase a ten-class punch card for \$80; classes do not have to be taken consecutively. "Show up" tennis is on the hard court Tuesdays at 10 a.m.

Swedish Massage Special Offer

Massage Therapist Tina Penland offers special winter rate. Buy 4 one-hour Swedish massages for \$200—a \$40 savings. Massage therapy gift certificates are also available and make great gifts. For appointments, please call Tina directly at 828-606-0258.



Winter Schedule for Tim Dixon

Sports Facilities Director Tim Dixon is a full-time seasonal employee working April 1 through November 30. During the winter season, Tim will check in weekly and be available for personal training or tennis lessons by appointment. He welcomes your calls with questions or concerns about the sports facilities during this time. Reach him on his cell phone at 828-545-1916. See winter sports calendar on the website www.cummingscove.com

Hours of Operation

Fitness Center

Members have access by key.
Please remember to sign in.

Swimming Pool & Hot Tub

Closed for the season.

Tennis Courts

Hydro Courts are closed.
Deco Turf Court 8:00 — dark daily

Fee Schedule

Personal Training

By appointment with Tim Dixon
\$45 per hour
\$25 per half hour

Tennis Lessons

By appointment with Tim Dixon
\$60 per hour
\$40 per half hour

Note: prices and hours subject to change.

Book Clubs

There are now four book clubs in Cummings Cove: Page Turners, Happy Bookers, Cove Cover Girls, and the newest addition—the Dog Eared Dolls, organized by Susan Maybin. The clubs meet monthly with members taking turns hosting the gatherings in their homes. Book clubs are necessarily small groups to facilitate meeting and discussion. Peggy Milam helped organize the first book club and is willing to help anyone who would like to start another group. Peggy invites you to call her at 890-5820. The first book to be read by the new "Dog Eared Dolls" club will be *Gap Creek* by best-selling author and Hendersonville native, Robert Morgan. His story is set in the Appalachian high country and relates the life and struggles of a young married couple at the end of the 19th century.

Around the Cove

January Activities Calendar

5	Social Bridge	12:00
11	Hike Mountain Top	2:15
12	Social Bridge	12:00
12	Lunch Bunch	12:00
17	CCCA	3:00
18	Party Bridge	7:00
19	Social Bridge	12:00
20	Chinese New Yr. Gala	5:00
26	Social Bridge	12:00
26	Spades	7:00
30	ABOG	3:00

RSVP for Social Bridge:

Hank VanGieson 891-8962

RSVP for Party Bridge:

Susie Lowmiller, email
4chickadee@gmail.com

RSVP for Spades:

January: Clyde and Pat Case
890-5920

February: Richard and Susan
Maybin 890-9059

March: See enewsletter

Who's Who Directory

Patty Small Kenny is working on the 2012 Who's Who Directory. Please send her any information that has changed since the 2011 directory and any new photo you want to appear in the new directory. Photos should be high resolution. Patty will crop them if necessary. If you need a photo taken, please contact Patty or Lorraine Nash. They will be happy to take your photo by appointment. Email Patty: small.patty@gmail.com or Lorraine: lnash@cummingscove.com

February Activities Calendar

2	Social Bridge	12:00
2	Hike Kellogg Ctr.	1:00
9	Social Bridge	12:00
9	Lunch Bunch	12:00
15	Party Bridge	7:00
16	Social Bridge	12:00
21	Hike DuPont Forest	12:23
21	CCCA	3:00
22	DRB	3:30
23	Social Bridge	12:00
23	Spades	7:00
29	Leap Year Dance	5:00

March Activities Calendar

1	Social Bridge	12:00
8	Social Bridge	12:00
8	Lunch Bunch	12:00
14	Hike Sandburg	9:30
15	Social Bridge	12:00
19	ABOG	3:00
20	CCCA	3:00
21	DRB	3:30
21	Antiques Roadshow	5:00
21	Party Bridge	7:00
22	Social Bridge	12:00
24	Hike Pisgah Forest	10:00
26-27	Greens Aeration	
28	Spades	7:00
29	Social Bridge	12:00

Lunch Bunch

All residents of Cummings Cove are invited to join the "Lunch Bunch" for noon luncheon on the second Thursday of each month. The group visits area restaurants to explore the area, find good places to eat and enjoy each other's company. One person takes responsibility each month for organizing the group and making reservations. Please contact residents listed below to make a reservation for the following events:

January 12—Inn on Church, www.innonchurch.com

201 Third Avenue West, Hendersonville,

Please call Paula Brewer by January 9, at 828-890-8233
or email her at cjb1958@morrisbb.net.

February 9—Flat Rock Wood Room, [find on Facebook](#)

1501 Greenville Hwy., Hendersonville,

Please call Elsie Pilarski by February 6, at 828-891-4324.

March 8—Orchard Inn, www.orchardinn.com

100 Orchard Inn Lane, Hwy. 176, Saluda



The Orchard Inn is not normally open for lunch. However, if there is a group of at least 15, they will offer a special limited menu to the group. Barbara Briley says: "It is such a lovely place, I think everyone will enjoy it." Call Barbara by February 23 at 828-891-4610 since the inn requires advance notice for the special luncheon.

Around the Cove



Walking & Hiking with Susan Maybin

Mountain Top, January 11, Wednesday, 2:15 p.m.

Meet near the traffic circle on Mountain Top to explore “hidden trails” bordering Cummings Cove, a 2-3 mile trek through woods with views. Bring water and energy snack. Trails are sometimes hilly, but mostly wide and easy to navigate.

Kellogg Center, February 2, Thursday, 1:00 p.m.

Meet at C. C. Fitness Center for an easy two mile walk through the woods at Kellogg Center, just a ten minute drive from Cummings Cove. The trails have some gentle hills, wooded areas with some roots and open meadows. There is indoor art and outdoor sculpture on this walk.

Wintergreen Falls at DuPont Forest February 21, Tuesday, 12:23 p.m.

Meet at C. C. Fitness Center for 3.5 mile hike to Wintergreen Falls in DuPont Forest. Trails are a combination of easy, moderate and about 3/4 mile strenuous. This is a lovely hike along several different trails forming a loop to see a small waterfall. Poles are helpful but not necessary. Bring water and a snack.

Carl Sandburg National Park March 14, Wednesday, 9:30 a.m.

Meet at C. C. Fitness Center for hike to Big Glassy Mountain, a 3.5 mile trek ending at a flat rock at 2,782 ft. elevation with beautiful southwestern view. After hiking, we'll have lunch in downtown Hendersonville.

Pisgah Forest Exercise Trail March 24, Saturday, 10:00 a.m.

Meet at C. C. Fitness Center for easy, mostly flat, 2.5 mile walk on the exercise trail in Pisgah Forest. It includes the Andy Cove nature walk which has a swinging bridge, some elevation change and steps. Part of the trail is along beautiful Davidson River.

Smokey Mountain National Park, Wildflower Hikes, April 16, 17 and 18, Monday—Wednesday

If you are interested in our first overnight hiking outing, please RSVP Susan Maybin by February 15 to attend a planning meeting at Susan's home at 3:30 on February 16.

For all hikes, please call Susan Maybin to be notified if a cancellation is necessary. Call Susan at 828-890-9059 or email susanmaybin@hotmail.com

Please email items for the calendar or newsletter to Editor, Lorraine Nash: lnash@cummingscove.com and look for email updates in the Cummings Cove E-Newsletter. Please be sure to inform us if you change your email address.

Gourmet Wine Dinner

The Gourmet Wine Dinner has become a “hot ticket” for Cummings Cove members. The “Vino Italia” event was an instant sellout and a guaranteed oenophile's delight. There will be two Gourmet Wine Dinners this year on June 8th and November 9th. Look for details in subsequent “Cove” issues and newsletters. Below are photos of the “Vino Italia” evening. Meg Stadler (top photo on right) prepares for the event with the wine company representatives and Chef Jeff Lloyd. A sophisticated black and white motif and the warm glow of candlelight added an elegant backdrop to the delectable food and wine.



Around the Cove

January Birthdays

Inez Getty	3
Caryl Mobley	3
Peggy Brown	8
Ray Dearborn	10
Henry "Van" Gieson	10
Val Veitch	11
Ginny White	13
Betty Westmoreland	14
Bill Sherman	19
Kathie Yancey	19
Anne McNutt	23
Roger Hill	25
Alan Furman	25
Barbara Fountain	26
Nancy Carlson	28
Barbara Sherman	31

March Birthdays

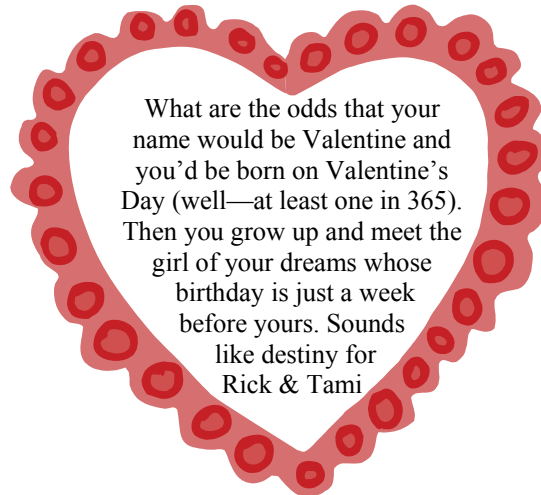
Christina Binkowski	1
John Veitch	1
Dean Parker	5
Sigrun Mapes	6
Dorothy Marek	6
Beth Fagan	7
Patty Small	12
Jayne O'Neal	13
Mel Hatch	14
Chuck Fangmann	16
Richard Munchel	18
Rich Foster	19
Patti Farragher	20
Bonnie Reuscher	21
Butch Hosmer	22
Stan Faigin	24
Mary Ann Scholl	27
Barbara Worcester	28
Bonnie Durgin	28
Doug Kenny	30

March Anniversaries

Charlie & Betty Westmoreland	March 25, 1961
Anne & Lee Lines	March 31, 1965

January Anniversaries

Rick & Gay Dawley	5th, 1980
John & Val Veitch	22nd, 1991



Best Wishes to Rick and Tami Valentine and all our celebrants.

February Birthdays

Carol Larimore	2
Audrey Brendel	2
Andy Gyuro	3
Derek Spontowiz	3
Herb Miller	3
Max Gaskin	4
Nancy Olsen	5
Jim Mulka	6
George Knipfing	7
Tami Valentine	7
Lynn Elliott	8
Elaine Silvia	10
Jerry Parker	11
Karen Carter	12
Don Larimore	13
Richard Valentine	14
Carolyn Taylor	17
Terri Wille	18
Bob Yancey	18
Kathy Zielinski	20
Bob Fishel	21
Lee Lines	22
Charlie Westmoreland	24
Rick Dawley	25
John Messura	27

February Anniversaries

Inez & Cliff Gettys	11th, 1948
Joan & Larry Kosowsky	14th, 1954
Nancy & Sal Chiarenza	14th, 1989
Pat & Alan Furman	15th, 1975

If you have a birthday or anniversary you would like to share here, please contact Lorraine Nash, Editor, "The Cove," email: lnash@cummingscove.com. Birthdays and anniversaries are also listed on the password-protected OWNERS page of the website www.cummingscove.com



20 Cummings Cove Parkway
Hendersonville, NC 28739
Phone: 828-891-1512 Fax: 828-891-5633

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Garry Sherrill 828-891-1512 ext. 5

ADMINISTRATIVE OFFICE
828-891-1512, Fax 828-891-5633

Mary Henderson, Accounting, ext. 3
Nancy Trahan, Admin. Assistant
and Membership Coordinator, ext. 7
Lorraine Nash, Director of Marketing, ext. 8

GOLF SHOP/RESTAURANT/CLUBHOUSE
828-891-9412, 828-891-3035, Fax 828-891-9475

Bill Kowske, Director of Golf Operations, ext. 1
Jeff Lloyd, Restaurant Manager
and Executive Chef, ext. 6
Martin Schmedt, Dining Room, Bar
and Special Events Manager., ext. 4
Restaurant Reservations, ext. 2

SPORTS COMPLEX
828-891-3458

Tim Dixon, Sports Facilities Director

GOLF COURSE MAINTENANCE
828-891-9538

Tim Wemple, Golf Course Superintendent
Brooks Lowder, Assistant Superintendent

REAL ESTATE OFFICE

828-891-5848, fax 828-891-7271

Roger Hill, Director of Sales, Broker/Realtor
Patsy Fishel, Broker/Realtor
Denise Wagner, Admin. Assistant, ext. 0

GOLF & COUNTRY CLUB
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Mindy Schult, Bob Stover, and Bud Weeks

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Newsletter Editor, Lorraine Nash
Email: lnash@cummingscove.com
www.cummingscove.com

Cummings Cove Realty Update

By any measure, 2011 was a tumultuous year with real estate a dominant topic. We are fortunate to live in an area that has a reasonably diverse economic base and that offers strong attraction around the country and the world for its natural beauty and quality of life. National Statistics show that the U. S. relocation rate is down considerably over the last four years as many people have had to postpone a move for a variety of reasons, mostly economic. Yet, many others have decided not to put their dreams on hold and have made their move to Cummings Cove.

Five new homes are under construction, four on Mountain Top and one in Wexford. John and Carol Helbling from Cedar Rapids, Iowa, are moving into their new Cummings Ridge Trail home. Bill and Nancy Rader, from Carlock, Illinois, hope to move into their Cummings Crest home in the spring. Rod and Diane Hansen from Boca Raton, Florida, plan a summer move to Mountain Sunset Trail while Baird and Lyn Blake from Carmel, Indiana, look forward to living on Cummings Battle Trail. Richard and Susan Reimels, from Lynchburg, Virginia, also plan a summer move into their new Wexford home on Shadowleaf Drive.

Robert and Frieda Roth opted to move from their Cummings Cove condo to the former Chandler home in The Meadows. Stephan and Helena Terblanche from Irving, Texas, acquired a Wexford homesite on Cove Loop Road. Robert and Cindy Grooms from Candler, N.C., bought the former Duvall home. Nick and Debbie Viamontes from Jupiter, Florida, purchased a condo in The Meadows. Robert Barnes from Hendersonville now owns the former Johnson home in Cove Woods. Jeff and Julie Christianson, from Woodbridge, Virginia, bought the former Kim home. Larry and Helen Elliott from Lincoln, Nebraska, bought a Laurel Ridge Cottage from the Arvolas. Don and Barbara Hickey, from Blue Bell, Pennsylvania, purchased the former Horn home on Cummings Cove Parkway.

Lynn Brisson from North Augusta, South Carolina, purchased a Valley View spec home. Lou and Bettye Dondero moved from Savannah, Georgia, to the Riverview home formerly owned by the Rorichs. Bettye was originally from Greensboro, N.C., but retirement brought the Donderos to the mountains. Daniel and Susan Brzostowicz retired here from Germantown, Tennessee, and bought the former Dykstra property. Susan is the sister of resident Joe Wig.

Through good times and bad, Cummings Cove continues to attract people from all over the country who come here to enjoy its unique charm and captivating beauty.