

Sports Complex ~ June 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 NIA 9:00 Men's Tennis 9:30 Pilates 3:00	2 Water Aerobics 3:00	3 Keep Fit 9:00 Water Aerobics 10:00	4 Division A Tennis 9:30 Pilates 10:00	5 Show-up Tennis Mixer 9:30
6	7 Women's Tennis 9:30 Water Aerobics 3:00	8 NIA 9:00 Men's Tennis 9:30 Pilates 3:00	9 Water Aerobics 3:00	10 Keep Fit 9:00 Water Aerobics 10:00	11 Division A Tennis 9:30 Pilates 10:00	12 Show-up Tennis Mixer 9:30
13	14 Women's Tennis 9:30 Water Aerobics 3:00	15 WOW Van 8:00 NIA 9:00 Men's Tennis 9:30 Pilates 3:00	16 Water Aerobics 3:00	17 Keep Fit 9:00 Water Aerobics 10:00	18 Division A Tennis 9:30 Pilates 10:00	19 Show-up Tennis Mixer 9:30
20 Happy Father's Day	21 Women's Tennis 9:30 Water Aerobics 3:00	22 NIA 9:00 Men's Tennis 9:30 Pilates 3:00	23 Water Aerobics 3:00	24 Keep Fit 9:00 Water Aerobics 10:00	25 Division A Tennis 9:30 Pilates 10:00	26 Show-up Tennis Mixer 9:30
27	28 Women's Tennis 9:30 Water Aerobics 3:00	29 NIA 9:00 Men's Tennis 9:30 Pilates 3:00	30 Water Aerobics 3:00			
<p>Fitness Center — 891-3458. Staffed 8:00 — 5:00. Members have access by key at other times. Please remember to sign in and lock the door and turn off the lights when you leave.</p> <p>Swimming Pool & Hot Tub — 7:00-8:00</p> <p>Massage Therapist Sharon Shuster available by appointment.</p> <p>For reservations, call 828-698-1748.</p>						